

Catholic Charities Resources

TYPES OF ASSISTANCE

Information and Referral

Resources
Screening for Financial Assistance
- Must be working
- Proof of financial hardship

ESL

Free classes at different levels
Citizenship Classes

Mental Health Counseling

Play therapy
Family and trauma therapy
Coping Skills Textbot

Financial Literacy

Financial coaching
Foreclosure intervention
Credit repair, Budgeting
New home ownership

Immigration Legal Services

Family Petitions
Detention Orientation

Public Benefits


SNAP
Medicare
Phone and Internet Free 1 Yr.
Services

Veterans Case Management:

Direct Assistance and VA Benefits
Housing/Budgeting
General Case Management

ASSISTANCE AND REFERRALS

CCA Help Line	770-429-2369	General Assistance #5	Mental Health Counseling #1
CCA Help Email:	help@cctlanta.org		
Immigration Services	678-222-3920	ESL Classes	www.catholiccharitiesatlanta.org
Mental Health Hope Textbot	202-949-7249	Start Code: CCA	Stop: Reply "Opt Out"



HI, I'M HOPE. HOW CAN I HELP?

Hope is a FREE chat service providing encouragement and strategies on how to manage everyday stress and anxiety using Chatbot technology.

Do you need Help?

- 1) Text "Hi" to Hope at (202)-949-7249 to get instant support. (Start Code: CCA. Reply "opt out" to stop.)
- 2) Like a coach, Sister Hope simply replies by asking: "how are you?"
- 3) Sister Hope makes you feel better by chatting with you. When you are ready to stop, reply "Stop" via mobile.

Sister Hope is for those experiencing a difficult time, feeling distressed, or those that just need someone to chat with.

If you are experiencing suicidal thoughts, please contact the **Suicide Hotline: 800-273-8255.**

You can also connect to Hope via
catholiccharitiesatlanta.org/hope/
or Facebook www.facebook.com/HopeCCUSA

In need of other resources at CCA?
Email help@cctlanta.org or call the
help line 770-429-2369